



MEN'S SIZE GUIDE

**BODY
MEASUREMENT**

*Ensure accurate fit by using your actual body measurements.
Refer to the instructions below.*



*For tops, use your
chest and waist
measurements.*

*(Eg: T-shirts, Polos,
Hoodies, Jackets)*



*For bottoms, use
your waist and hips
measurements.*

*(Eg: Playing Pants,
Shorts)*

CHEST

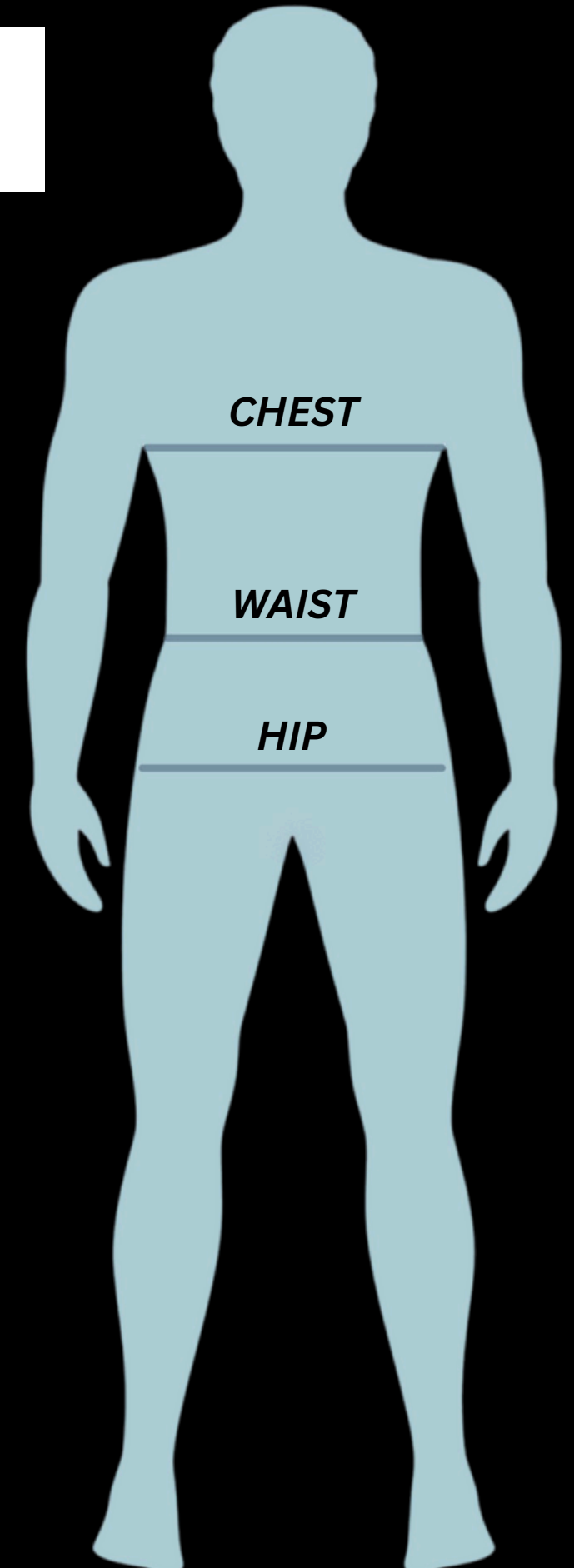
*Measure around the widest part of
your chest, positioned just below your
armpits.*

WAIST

*Measure around your natural waistline,
which is typically near your belly
button.*

HIPS

*Measure around the widest part of
your hips.*



SIZE	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL	7XL
CHEST (cm)	90-95	95-100	100-105	105-110	110-115	115-120	120-125	125-130	130-135	135-140	140-145
WAIST (cm)	70-75	80-85	90-95	100-105	110-115	118-124	125-130	130-136	136-142	142-148	148-154
HIPS (cm)	90-95	95-100	100-105	105-110	110-115	115-120	120-125	125-130	130-135	135-140	140-145

PLEASE NOTE: ON-FIELD PRO CUTS (RUGBY, AFL, SOCCER) ARE DESIGNED FOR A TIGHT FIT. IF YOU PREFER A LOOSER FIT, WE RECOMMEND ORDERING A SIZE UP.